

ABSTRACT OF THE DISCLOSURE

A recession is provided on the outer side of  
a data area of a disc, and this recession is provided  
so as to extend over a front side or a reverse side  
5 of the disc and a disc outer periphery end surface.  
By arranging one or more recessions on the front side  
or the reverse side, the front and reverse sides  
(side A/side B) of the disc or a type of the disc can  
be recognized.

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